

## REFERENCES

- AD Ariyani, et. a. (2022). *Physical Activity and Depression Levels on Blood Sugar.* 107–114.
- ADA. (2022). Standards of Medical Care in Diabetes-2022 Th E Jou R Nal of C Li N Ical an D Appli Ed R Esearc H an D Education. *Diabetes Care*, 45(Suppliment 1), S1–S264. <https://doi.org/10.2337/dc22-SREV>
- Ahyar, H., Maret, U. S., Andriani, H., Sukmana, D. J., Mada, U. G., Hardani, S.Pd., M. S., Nur Hikmatul Auliya, G. C. B., Helmina Andriani, M. S., Fardani, R. A., Ustiawaty, J., Utami, E. F., Sukmana, D. J., & Istiqomah, R. R. (2020). *Buku Metode Penelitian Kualitatif & Kuantitatif* (Issue March).
- Alzubaidi, H., Mc Narmara, K., Kilmartin, G. M., Kilmartin, J. F., & Marriott, J. (2015). The relationships between illness and treatment perceptions with adherence to diabetes self-care: A comparison between Arabic-speaking migrants and Caucasian English-speaking patients. *Diabetes Research and Clinical Practice*, 110(2), 208–217. <https://doi.org/10.1016/j.diabres.2015.08.006>
- Amendezo, E., Walker Timothy, D., Karamuka, V., Robinson, B., Kavabushi, P., Ntirenganya, C., Uwiragiye, J., Mukantagwabira, D., Bisimwa, J., Uwintwali Marie, H., Umulisa, H., Niyomwungeri, S., Ndayambaje, B., Dusabejambo, V., & Bavuma, C. (2017). Effects of a lifestyle education program on glycemic control among patients with diabetes at Kigali University Hospital, Rwanda: A randomized controlled trial. *Diabetes Research and Clinical Practice*, 126(1), 129–137. <https://doi.org/10.1016/j.diabres.2017.02.001>

- Anggeria, E., Harahap, R. F., Siregar, P. S., Isi, D., Anggeria, E., Cover, D., & Anggeria, E. (2021). *Perawatan Diri Pada Pasien Pada Pasien Diabetes Melitus.*
- Anggraeni, N. C., Widayati, N., & Sutawardana, J. H. (2020). *Peran Perawat sebagai Edukator terhadap Persepsi Sakit pada Pasien Diabetes Mellitus Tipe 2 di Kabupaten Jember.* <https://doi.org/10.17509/jpki.v6i1.24364>
- Anggraini, D., Astuti, A., & Octavia, D. (2020). *Persepsi Penyakit dan Manajemen Koping Berdampak Depresi pada Pasien Diabetes Mellitus Pendahuluan Diabetes adalah penyakit kronis kompleks yang membutuhkan perawatan medis berkelanjutan dengan strategi pengurangan risiko multifaktorial yang melampaui kon.* 3, 18–26.
- Balasubramaniam, S., Lim, S. L., Goh, L. H., Subramaniam, S., & Tangiisuran, B. (2019). Evaluation of illness perceptions and their associations with glycaemic control, medication adherence and chronic kidney disease in type 2 diabetes mellitus patients in Malaysia. *Diabetes and Metabolic Syndrome: Clinical Research and Reviews*, 13(4), 2585–2591. <https://doi.org/10.1016/j.dsx.2019.07.011>
- Banowo, S. (2021). *Korelasi Illness Perception dan Self-Care Pasien Diabetes Mellitus Tipe 2 di Puskesmas Kota Padang.* 12(2014), 516–520.
- Bhatt, H., Saklani, S., & Upadhayay, K. (2016). Anti-oxidant and anti-diabetic activities of ethanolic extract of Primula Denticulata Flowers. *Indonesian Journal of Pharmacy*, 27(2), 74–79. <https://doi.org/10.14499/indonesianjpharm27iss2pp74>

- Bilous, R. (2021). *Handbook of Diabetes 5th edition.*
- Branch, G., Reasearch, C., & Unit, D. (2021). *The relationship between illness perception and medication adherence in patients with diabetes mellitus type II : illness perception and medication adherence.* 2014, 966–971.
- Decroli, E. (2019). *Diabetes Mellitus Tipe 2.*  
<https://www.ptonline.com/articles/how-to-get-better-mfi-results>
- Despitasari, L., & Sastra, L. (2020). Faktor-Faktor Internal Yang Mempengaruhi Self Care Management Pada Pasien Diabetes Mellitus Tipe 2 Di Poli Klinik Khusus Penyakit Dalam Rsup Dr. M. Djamil Padang. *Jurnal Kesehatan Mercusuar*, 3(1), 54–65. <https://doi.org/10.36984/jkm.v3i1.73>
- Dinas Kesehatan Kabupaten Banyuwangi. (2021). Profil Kesehatan Kabupaten Banyuwangi 2020. *Profil Kesehatan Kabupaten Banyuwangi*, 326.
- Dinas Kesehatan Provinsi Jawa Timur. (2020). Profil Kesehatan Provinsi Jawa Timur 2019. *Dinas Kesehatan Provinsi Jawa Timur.*, tabel 53.  
[www.dinkesjatengprov.go.id](http://www.dinkesjatengprov.go.id)
- Fauzia, Y., Sari, E., & Artini, B. (2015). Gambaran Faktor-Faktor Yang Mempengaruhi Kepatuhan Diet Penderita Diabetes Mellitus Di Wilayah Puskesmas Pakis Surabaya. *Jurnal Keperawatan*, 4(2).  
<https://doi.org/10.47560/kep.v4i2.147>
- Firmansyah, A., & Purwanti, O. (2021). Gambaran Persepsi Sakit Penyandang Diabetes Melitus Tipe 2 di Daerah Sukoharjo. *Seminar Nasional Keperawatan Universitas Muhammadiyah Surakarta (SEMNASKEP)*, 2021.

- <https://publikasiilmiah.ums.ac.id/xmlui/handle/11617/12672>
- Gaoi, L. (2019). *Faktor Faktor Yang Mempengaruhi Self Care Pada Penderita Diabetes Melitus Di Puskesmas Pancur Batu Tahun 2019.*
- Hagger, M. S., & Orbell, S. (2022). The common sense model of illness self-regulation: a conceptual review and proposed extended model. *Health Psychology Review*, 16(3), 347–377.  
<https://doi.org/10.1080/17437199.2021.1878050>
- Hashimoto, K., Urata, K., Yoshida, A., Horiuchi, R., Yamaaki, N., Yagi, K., & Arai, K. (2019). The relationship between patients' perception of type 2 diabetes and medication adherence: a cross-sectional study in Japan. *Journal of Pharmaceutical Health Care and Sciences*, 5(1), 1–10.  
<https://doi.org/10.1186/s40780-019-0132-8>
- Haskas, Y., Kahdjirah, S., & Restika, I. (2022). Assesment Persepsi Sakit Pada Penderita Diabetes Melitus Tipe II Di Puskesmas Tamalanrea Jaya Kota Makassar Keywords Diabetes Melitus , Glukosa darah , Persepsi Sakit Correspondence. *Healthcare Nursing Journal*, 4(2), 296–302.
- Hidayatin, T. (2020). Self Care Management Sebagai Upaya Mengontrol Kadar Glukosa Darah Pada Penderita Diabetes Mellitus: a Literature Review Relationship of Elf Care Management As an Effort To Control Blood Glucose Levels in Diabetes Mellitus Patients: a Literature Review. *Jurnal Kesehatan Indra Husada*, 8(2), 2020.
- Hilmayani, I. N., Chusniyah, T., & Suhanti, I. Y. (2021). Hubungan antara persepsi penyakit (illness perception) dengan distres psikologis pada penderita kanker

- di Kota Banjarmasin Kalimantan Selatan. *Flourishing Journal*, 1(2), 100–105.  
<https://doi.org/10.17977/um070v1i22021p100-105>
- IDF. (2021). International Diabetes Federation. In *Diabetes Research and Clinical Practice* (Vol. 102, Issue 2). <https://doi.org/10.1016/j.diabres.2013.10.013>
- Istiyawanti, H. et al. (2019). Gambaran Perilaku Self Care Management Pada Penderita Diabetes Melitus Tipe 2. *Jurnal Kesehatan Masyarakat (e-Journal)*, 7(1), 155–167.
- Judha, M. (2017). Pengetahuan, Pendidikan dan Status Ekonomi Berhubungan dengan Ketaatan Kontrol Gula Darah pada Penderita DM di RSUP Dr Soeradji Tirtonegoro Klaten. *Jurnal Medika Respat Suplemen*, 12, 41–47.
- Katavić, S. S., Tanacković, S. F., & Badurina, B. (2016). Illness perception and information behaviour of patients with rare chronic diseases. *Information Research*, 21(1).
- Kemenkes RI. (2020). Infodatin tetap produktif, cegah, dan atasi Diabetes Melitus 2020. In *Pusat Data dan Informasi Kementerian Kesehatan RI* (pp. 1–10).  
<https://pusdatin.kemkes.go.id/resources/download/pusdatin/infodatin/Infodatin-2020-Diabetes-Melitus.pdf>
- Kim, S., Kim, E., & Ryu, E. (2019). Illness perceptions, self-care management, and clinical outcomes according to age-group in Korean hemodialysis patients. *International Journal of Environmental Research and Public Health*, 16(22).  
<https://doi.org/10.3390/ijerph16224459>
- Latter, C., McLean-Veysey, P., Dunbar, P., Frail, D., Sketris, I., & Putnam, W.

- (2011). Self-monitoring of blood glucose: What are healthcare professionals recommending? *Canadian Journal of Diabetes*, 35(1), 31–38. [https://doi.org/10.1016/S1499-2671\(11\)51006-8](https://doi.org/10.1016/S1499-2671(11)51006-8)
- Ledford, C. J. W., Seehusen, D. A., & Crawford, P. F. (2019). The relationship between patient perceptions of diabetes and glycemic control: A study of patients living with prediabetes or type 2 diabetes. *Patient Education and Counseling*, 102(11), 2097–2101. <https://doi.org/10.1016/j.pec.2019.05.023>
- Leventhal, H., Phillips, L. A., & Burns, E. (2016). The Common-Sense Model of Self-Regulation (CSM): a dynamic framework for understanding illness self-management. *Journal of Behavioral Medicine*, 39(6), 935–946. <https://doi.org/10.1007/s10865-016-9782-2>
- Nguyen, V. B., Thi, K. H. P., Nguyen, T. X., Pham, N. T. L., Nguyen, V. V. H., & Van Le, C. (2022). Diabetes self-management and its associated factors among patients with diabetes in central Vietnam: A cross-sectional study. *PLoS ONE*, 17(7 July), 1–14. <https://doi.org/10.1371/journal.pone.0270901>
- Ningrum, T. P., Alfatih, H., & Siliapantur, H. O. (2019). Faktor-Faktor Yang Memengaruhi Manajemen Diri Pasien DM Tipe 2. *Jurnal Keperawatan BSI*, 7(2), 114–126. <http://ejurnal.ars.ac.id/index.php/keperawatan/article/view/136>
- Notoatmodjo. (2022). *Metode Penelitian Kesehatan*.
- Nurdin, F. (2021). Persepsi Penyakit dan Perawatan Diri dengan Kualitas Hidup Diabetes Mellitus Type 2. *Jurnal Keperawatan Silampari*, 4(2), 566–575. <https://doi.org/10.31539/jks.v4i2.1931>

- Nursalam. (2020). *Metodologi Penelitian Ilmu Keperawatan* (Vol. 4, Issue 1).
- Onainor, E. R. (2019). *Self Care Management Penderita Diabetes Melitus Tipe-II Di Masa Pandemi Covid-19 Di Wilayah Kerja Puskesmas Makrayu Palembang*. 1(1), 105–112.
- PERKENI. (2021). *Pedoman Pengelolaan dan Pencegahan Diabetes Mellitus Tipe 2 di Indonesia*.
- Qonita, N, et all. (2022). *Gambaran Persepsi Pasien Parkinson Tentang Penyakit Yang Dideritanya Di Poliklinik Saraf Rumah Sakit Mitra Siaga Tegal*. 10(2).
- Salsabila, G, et all. (2023). *Hubungan Persepsi Penyakit dan Lama Menderita dengan Manajemen Diri Pada Pasien Dengan Diabetes Mellitus Tipe 2*. 6(2).
- Sari, R. M., & Nugraha, S. (n.d.). *Hubungan Illness Perception dengan Perilaku Adherence Pada Pasien Gagal Ginjal Kronis di RS AU Dr Salamun Bandung*. 639–644.
- Siyoto, D. S., & Ali Sodik M, M. . (2015). *Dasar Metodologi Penelitian*. June 2015.
- Sugiharto Ph, D., Hsu, Y., Ph, D., Toobert, D. J., Ph, D., & Wang, S. (2018). *The Validity And Reliability Of The Summary Of Diabetes Self- Care Activities Questionnaire : An Indonesian Version*.
- Suhartatik, S. (2022). *Faktor-Faktor Yang Mempengaruhi Tingkat Kepatuhan Diet Penderita Diabetes Mellitus Siti Suhartatik Jurusan Gizi, Fakultas Kesehatan Masyarakat, Universitas Airlangga, Surabaya, Indonesia*. 8(3), 148–156.
- Suryani, S., Indra, R. L., Saputra, B., Studi, P., Stikes, K., & Pekanbaru, H. T. (2022). *Gambaran Persepsi Penyakit Pada Pasien Dengan Gagal Ginjal Kronik*.

*Jurnal Keperawatan Hang Tuah (Hang Tuah Nursing Journal), 02, 164–179.*

<https://www.doi.org/10.25311/jkh.Vol2.Iss2.590>

Vos, R. C., Kasteleyn, M. J., Heijmans, M. J., Leeuw, E. De, Schellevis, F. G., Rijken, M., & Rutten, G. E. (2018). *Disentangling the effect of illness perceptions on health status in people with type 2 diabetes after an acute coronary event.* 1–10.

WHO. (2022). *World health statistics 2022 (Monitoring health of the SDGs).*

<http://apps.who.int/bookorders>.

Zuela, S. (2021). *Hubungan Persepsi Penyakit Dan Lama Menderita Terhadap Self-Care Management Pada Penderita Diabetes Mellitus Di Puskesmas Kota Padang Tahun 2021.*