THESIS

i

THE LIFE EXPERIENCES OF COVID-19 SURVIVORS IN OSING TRIBE

IN THE WORKING AREA OF PASPAN PUBLIC HEALTH CENTER



DIPLOMA III OF NURSING STUDY PROGRAM

BANYUWANGI INSTITUTE OF HEALTH SCIENCES

2021

THESISS

EXPERIENCES OF COVID-19 SYSTEM IN OSING TRIBE

IN THE WORK AREA OF PASPAN PUBLIC HEALTH CENTER

BANYUWANGI

Submitted as one of the conditions for obtaining Associate Degree in Nursing (Amd. Kep) STIKESBanyuwangi

> SEKOL MINGGIILM

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Declare that this THESIS entitled "THE LIFE EXPERIENCES OF COVID-19 SURVIVORS IN OSING TRIBE IN THE WORKING AREA OF PASPAN PUBLIC HEALTH CENTER BANYUWANGI" is not a thesis of another person either in part or in whole, except in the form of quotations whose sources have been mentioned. Thus, we make this statement in truth and if this statement is not true, unless we are willing to be sanctioned.

> Banyuwangi, 10th November 2021 Statement Maker,

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BANYUWANGI" ar willing to be published in a magazine or journal on behalf

of the supervisor while still including my new as a researcher.

Banyuwangi, 10th November 2021

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ΜΟΤΤΟ

"Sebaik-baik manusia diantaramu adalah yang paling banyak manfaatnya bagi

orang lain."

(H.R. Bukhari)

"In this world there are no stupid humans but there are no humans who do not

want to try and do not want to learn"

(Graceila Oktamanicka Dayu)

PREFACE

Praise and gratitude prays to the presence of Allah SWT because of His mercy and grace so that the author can complete the Thesis entitled "THE LIFE EXPERIENCES OF COVID-19 SURVIVORS IN OSING TRIBE IN THE WORKING AREA OF PASPAN PUBLIC HEALTH CENTER BANYUWANGI 2021".

This Thesis is a form of appreciation from the Student Creativity Program (PKM) in the Social Humanities Research (RSH) which passed the 34th National Student Scientific Week (PIMNAS) in 2021 which was organized by the Ministry of Education and Culture and Minister of Research and Technology (Kemendikbud Ristek). This thesis was compiled as one of the requirements to obtain an Associate's Degree in Nursing (Amd.Kep) at Banyuwangi Institute of Health Sciences.

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- 23. All lecturers and staff of STIKES Banyuwangi who have provided support to the author.
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have always supported me in completing this research.

The author tries to complete this thesis as well as possible, but the author realizes that there are still many shortcomings. Therefore, the writer expects constructive criticism and suggestions from all parties for the perfection of this thesis.



ABSTRACT

THE LIFE EXPERIENCES OF COVID-19 SURVIVORS IN OSING TRIBE IN THE WORKING AREA OF PASPAN PUBLIC HEALTH CENTER BANYUWANGI

By: GRACEILA OKTAMANICKA DAYU

Corona virus Disease 2019 (COVID-19) is an infectious disease caused by Severe Acute Respiratory Syndrome Corana virus 2 (SARS-CoV-2). The patients experiences who have successfully recovered from COVID-19 is due to being disciplined and obedient while undergoing treatment for COVID-19 patients, both in carrying out medical care and psychological support. In the healing of COVID-19, the Osing Tribe used rituals to maintain health traditionally; traditional medicine used and believed to use the method of mantras, tattoos and spices that are eaten or drunk. This study aimed to explore the life experiences of COVID-19 survivors in Osing Tribe in the working area of Paspan Public Health Center Banyuwangi.

The research method used qualitative with phenomenological methods with purposive sampling technique. Total population was 123 participants by taking 8 participants. The results showed that 3 themes were analyzed, namely coping strategies in the early stages of being diagnosed with COVID-19, self-care styles and positive support provided by the surrounding environment. Data analysis in this study used the Colaizzi method and the analysis process was carried out with Nvivo 12 software. In this study, the life experiences of COVID-19 survivors in Osing Tribe indirectly used a Bio psychosocial-Spiritual and Cultural approach so that holistic health is realized.

Keywords: Life Experiences, Disability, COVID-19, Osing Tribe

TABLE OF CONTENTS

STATEMENT LETTER iii
APPROVAL SHEETv
PREFACE vii
TABLE OF CONTENTS
LIST OF PICTURE
LIST OF TABLES xvi
APPENDICES LIST
LIST OF ABBREVIATIONS
CHAPTER 1 INTRODUCTION
1.1 Background
1.2 Formulation of The Problem
1.3 Research Purposes
1.3.1. General Purpose
1.3.2. Specific Purpose
1.4 Benefit
1.4.1 Theoretical Benefits
1.4.2 Practical Benefits
CHAPTER 2 LITERATURE REVIEW
2.1 COVID-19 Concept
2.1.1 Definition of COVID-19 2.1.2 Signs and Symptoms
2.1.2 Signs and Symptoms 2.1.3 Patient Classification

2.2 Definition of Life Experience
2.3 Definition of disability
2.4 Osing Tribe Concept13
2.4.1 Osing Tribe
2.4.2 Osing Tribe Medicine Tradition14
2.5 Research Synthesis15
CHAPTER 3 RESEARCH METHODS
3.1 Research Design17
3.2 Participants
3.3 Research Location and Time
3.4 Sampling
3.5 Research Instruments
3.6 Framework
3.7 Data collection
3.8 Data analysis
3.9 Research Ethics
3.10 Informed Consent
3.11 Anonymity
3.12 Confidentially
3.13 Veracity
3.14 Non Maleficience23
3.15 Respectfor Person23
3.16 Justice
3.17 Beneficence

LIST OF PICTURE

Picture 3. 1 Framework	19
Picture 4. 1 Area in Paspan Public Health Center in 2019	26
Picture 4. 2 The Work Map Area of Paspan Public Health Center	26



LIST OF TABLES

Table 2.	1 Synthetic Research	15
Table 4.	1 Characteristics of Participants	27



APPENDICES LIST

Attachment 1. Matrix of Schedule
Attachment 2. Letter of Approval for Submission of Thesis Title54
Attachment 3. Permit Application for Preliminary Data Collection from the
Health Office
Attachment 4. Permit Application for Initial Data Collection Paspan Public
Health Center
Attachment 5. Reply to Permit Application for Initial Data Collection57
Attachment 6. Permit for the Implementation of Student Creativity Program from
the Health Office
Attachment 7. Paspan Public Health Center Student Creativity Program
Implementation Permit
Attachment 8. Business Travel Cover Letter
Attachment 9. Letter of assignment
Attachment 10. Application Letter to Be a Respondent
Attachment 11. Demographic Data Questionnaire
Attachment 12. In-depth Interview Guide67
Attachment 13. Field Note Sheet
Attachment 14. Research Ethics Letter
Attachment 15. Consultation Sheet

LIST OF ABBREVIATIONS

U KES

- ARDS : Acute Respiratory Distress Syndrome
- COVID-19 : Corona Virus Disease 19
- ARI : Acute Respiratory Infection
- KKMD : Public Health Emergency That Troubles the World
- PUM : People Under Monitoring
- PWS : People without Symptoms
- PCR : Polymerase Chain Reaction
- PUS : Patients under Supervision
- CHL : Clean and Healthy Lifestyle
- PHEIC : Public Health Emergency of International Concern
- SARS-CoV-2 : Severe Acute Respiratory Syndrome Corona Virus 2
- WHO : World Health Organization