

**THESIS**

**THE EXPERIENCE OF NURSES IN PROVIDING HOLISTIC NURSING  
CARE FOR COVID-19 PATIENTS AT BLAMBANGAN HOSPITAL,  
BANYUWANGI**



By

**DWIKY RIZAL MAHARDIKA**

**2018.02.013**

**BACHELOR OF NURSING STUDY PROGRAM  
BANYUWANGI INSTITUTE OF HEALTH SCIENCES**

**BANYUWANGI**

**2022**

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**BANYUWANGI**

To obtain a Bachelor of Nursing Degree (S. Kep) in the Nursing Study Program  
at Banyuwangi Institute of Health Sciences



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## STATEMENT OF ORIGINALITY

I hereby declare that this thesis is the result of my own scientific writing, and I do not do plagiarism activities in writing this thesis entitled:

**“The experience of Nurses in Providing Holistic Nursing Care for Covid-19 Patients at Blambangan Hospital Banyuwangi”**

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Thus, I make this statement with truth.

Banyuwangi,

Statement maker

  
*Dwiky*  
**DWIKY RIZAL MAHARDIKA**

2018.02.013

**VALIDITY SHEET**

Thesis entitled:

The experience of Nurses in Providing Holistic Nursing Care for Covid-19  
Patients at Blambangan Hospital Banyuwangi

**DWIKY RIZAL MAHARDIKA**

**2018.02.013**

Thesis has been approved

On

By:

The First Advisor



**Ns. ATIK PRAMESTI W., M. Kep**

**NIK: 06.038.0609**

The Second Advisor



**Ns. ESSY SONONTIKO S., S. Kep**

**NIK: 06.013.0907**

Knowing,

Head of Bachelor of Nursing Study Program



**Ns. SHOLIHIN., M. Kep**

**NIK: 06.005.0906**

## SHEET OF EXAMINER COMMITTEE ESTABLISHMENT

Thesis entitled:

The Experience Of Nurses In Providing Holistic Nursing Care For Covid-19  
Patients At Blambangan Hospital Banyuwangi

Submitted by:

DWIKY RIZAL MAHARDIKA

2018.02.013

Examined in Front of Examiner Team in the Bachelor of Nursing Study Program  
at Banyuwangi Institute of Health Sciences

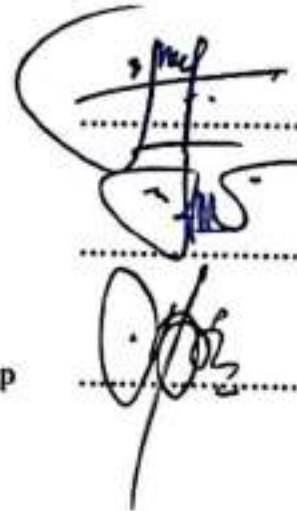
On

### EXAMINER TEAM

The 1<sup>st</sup> Examiner : Ns. Sholihin., M. Kep

The 2<sup>nd</sup> Examiner : Ns. Fajri Andi R., M. Kep

The 3<sup>rd</sup> Examiner : Ns. Essy Sonontiko S., S. Kep



Knowing,  
Chairman

Banyuwangi Institute of Health Sciences



DR. H. Sockardjo  
NUPN: 9907159603

## **PUBLICATION AGREEMENT STATEMENT**

The undersigned below:

Name : Dwiky Rizal Mahardika

NIM : 2018.02.013

Truly stating the results of my research with the title:

**THE EXPERIENCE OF NURSES IN PROVIDING HOLISTIC NURSING  
CARE FOR COVID-19 PATIENTS AT BLAMBANGAN HOSPITAL,  
BANYUWANGI**

Willing to be published in scientific journals on behalf of supervisor while still  
including my name as a researcher:

Banyuwangi, June, 2022

Statement maker



Dwiky Rizal Mahardika

NIM: 2018.02.013

## ABSTRACT

### THE EXPERIENCE OF NURSES IN PROVIDING HOLISTIC NURSING CARE FOR COVID-19 PATIENTS AT BLAMBANGAN HOSPITAL, BANYUWANGI

By:

Dwiky Rizal Mahardika<sup>1</sup>, Ns. Atik Pramesti W., M. Kep<sup>2</sup>, Ns. Essy Sonontiko S., S. Kep<sup>3</sup>

<sup>1</sup>Bachelor of Nursing Banyuwangi Institute of Health Sciences

<sup>2</sup>Diploma 3 of Nursing Banyuwangi Institute of Health Sciences

<sup>3</sup>Nursing Profession Banyuwangi Institute of Health Sciences

Email: [dwikyrizalmahardika@gmail.com](mailto:dwikyrizalmahardika@gmail.com)

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**Background:** COVID-19 is a new virus that was discovered at the end of December 2019 and has marked a global pandemic around the world. Not only has a high-risk infection, nurses as health workers who have the most contact with COVID-19 patients are also at risk of experiencing physical and emotional stress. Anxiety, nurses' fear about the risk of contracting the COVID-19 virus can lead to unprofessional attitudes and behavior of nurses in providing holistic nursing care to the patients. This study aimed to explore the experience of nurses in providing holistic nursing care to COVID-19 patients. **Methods:** This research used phenomenological qualitative research. Data collection was done by in-depth interview. The participants in this study were 7 nurses who served in the isolation room of Blambangan Hospital, Banyuwangi. Purposive sampling method was used to select participants according to the inclusion criteria. Descriptions of nurses' experiences were analyzed using the Colaizzi approach. **Results:** The study result revealed 6 themes; changes in the emotional status of nurses while caring for COVID-19, social stigma against COVID-19 nurses, support during caring for COVID-19 patients, expectations during caring for COVID-19, challenges during caring for COVID-19 patients, and fulfillment holistic nursing care for COVID-19 patients. **Conclusion:** The nurses experience in treating COVID-19 patients showed that when they were caring for patients, they have to go through ups and downs. This research was expected to improve nursing services, prepare nurses to adapt to the growing pandemic, and as a reference for further research related to the experience of nurses in treating COVID-19 patients.

**Keywords:** Nurse Experience, Holistic Nursing Care, COVID-19



## PREFACE



In the name of Allah, the Most Beneficent and Most Merciful. All praise is merely to the Mightiest Allah SWT, the lord of the worlds, for the gracious mercy and tremendous blessing that enable me to accomplish this thesis. This thesis entitled “The experience of Nurses in Providing Holistic Nursing Care for Covid-19 Patients at Blambangan Hospital, Banyuwangi”, is submitted to fulfil one of the requirements in accomplishing the Bachelor of Nursing Degree at STIKES Banyuwangi.

There are many people who have generously suggested improving this thesis. First of all, the writer would like to express her sincere gratitude and respect to:

1. DR. H. Soekardjo, as a chairman of STIKES Banyuwangi who has provided the opportunity and facilities for me to attend and complete the education of bachelor in nursing study program at STIKES Banyuwangi.
2. Ns. Muhamad Al-Amin, M.Kes., Erik Toga, M.Kes., Ivan Rachmawan, M.Kom as vice chairman of STIKES Banyuwangi who always support and provide student activity policies both academic and non-academic to advance the campus.
3. Ns. Sholihin, M. Kep, as the Head of Bachelor of Nursing Study Program who has given permission to conduct study at the Bachelor of Nursing.
4. The first advisor, Ns. Atik Praamesti W., M. Kep and the second advisor, Ns. Essy Sonontiko S., S. Kep who have contributed and given their valuable



evaluations, comments, and suggestions during the accomplishment of this thesis .

5. Muhammad Nashir, M. Pd. and Roudlotun Nurul Laili, M. Pd., as English lecturers who always motivate me to improve my English skill.
6. My parents, Mr. Suyono and Mrs. Ketut Sinianih, my lovely sisters Nanda Beauty Yoniardini and Jeanety Adeliya , then my big family who have given love and affection and contributed to prayer and support both morally and materially until this thesis can be completed.
7. Members of BEM STIKES Banyuwangi as supporters who always entertain and give me support in any condition.
8. Fellow students of the STIKES Banyuwangi from Bachelor of Nursing Study Program 4A of 2018, and all those who have assisted in this study that cannot be mentioned by researcher one by one.

May the almightiest Allah SWT return the favour to all those who have provided support, assistance, and opportunities in completing this thesis. The writer is fully aware that the writing of this thesis is still far from perfection, so the writer begs for constructive critic and suggestions. The writer hopes that this thesis can be useful generally for readers and for the world of nursing.

Banyuwangi,

Writer  
  
DWIKY RIZAL MAHARDIKA

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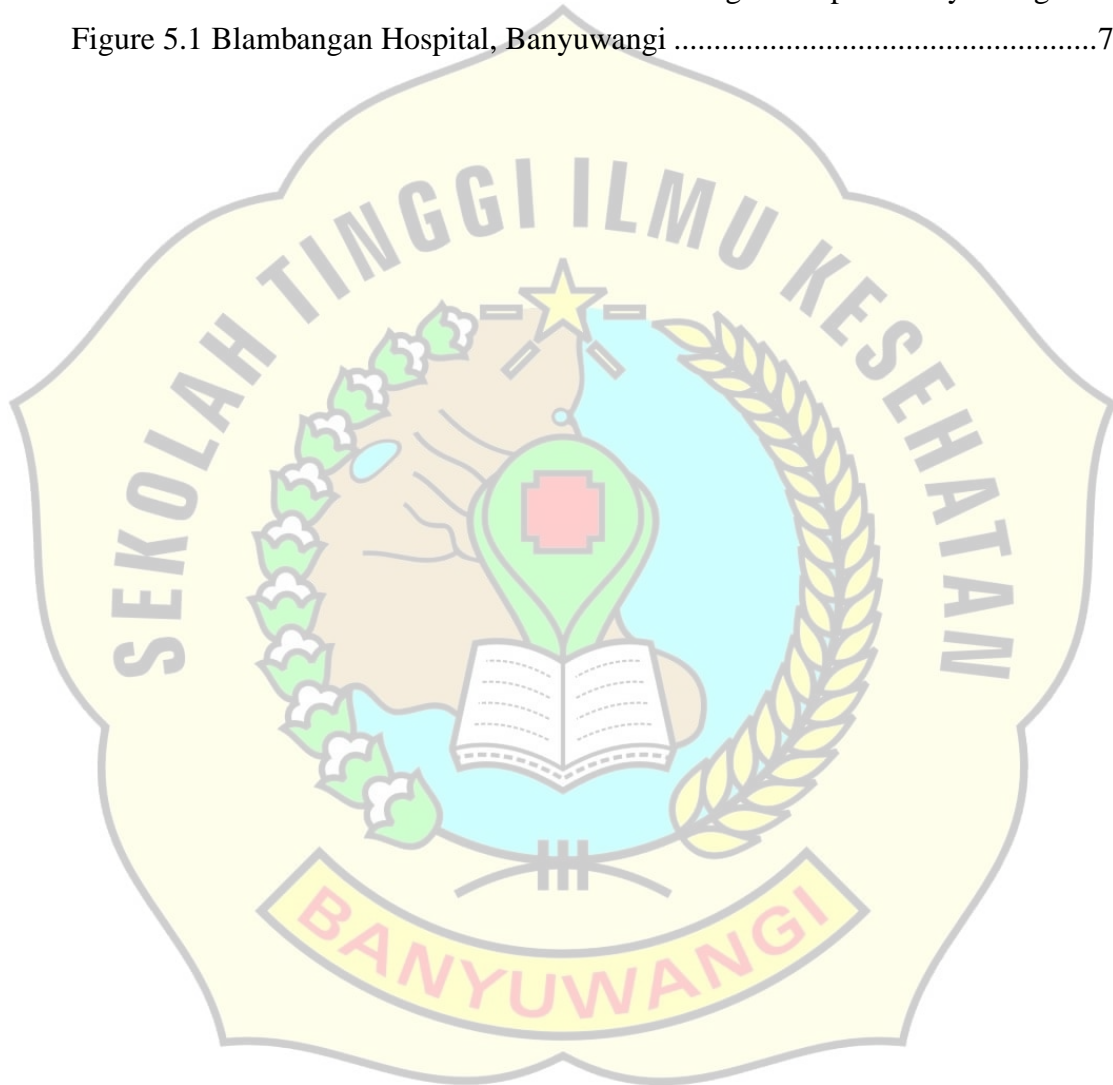
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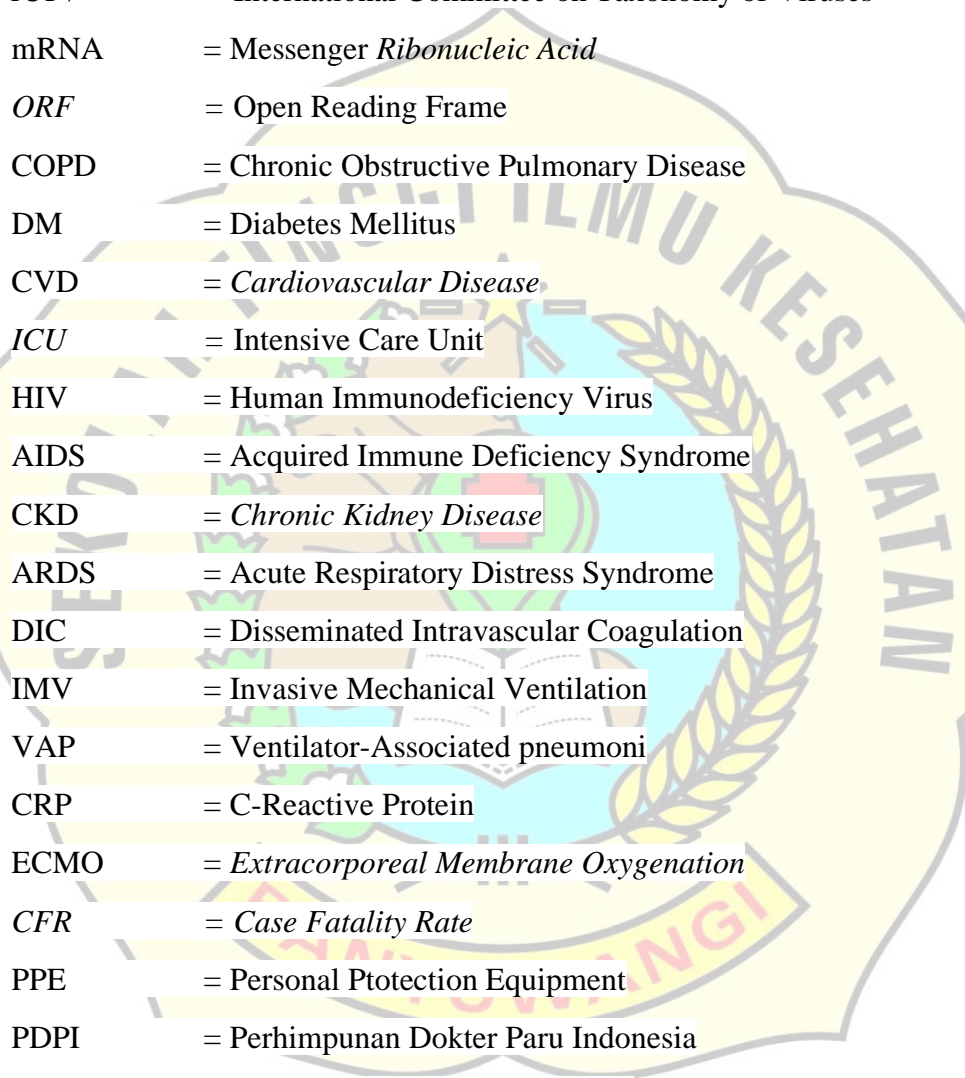
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## LIST OF ABBREVIATION



COVID-19	= Coronavirus Disease 2019
WHO	= World Health Organization
UNICEF	= United Nations International Children's Emergency Fund
SARS-Cov-2	= Severe Acute Respiratory Syndrome <i>Coronavirus 2</i>
ICTV	= International Committee on Taxonomy of Viruses
mRNA	= Messenger <i>Ribonucleic Acid</i>
ORF	= Open Reading Frame
COPD	= Chronic Obstructive Pulmonary Disease
DM	= Diabetes Mellitus
CVD	= <i>Cardiovascular Disease</i>
ICU	= Intensive Care Unit
HIV	= Human Immunodeficiency Virus
AIDS	= Acquired Immune Deficiency Syndrome
CKD	= <i>Chronic Kidney Disease</i>
ARDS	= Acute Respiratory Distress Syndrome
DIC	= Disseminated Intravascular Coagulation
IMV	= Invasive Mechanical Ventilation
VAP	= Ventilator-Associated pneumoni
CRP	= C-Reactive Protein
ECMO	= <i>Extracorporeal Membrane Oxygenation</i>
CFR	= <i>Case Fatality Rate</i>
PPE	= Personal Protection Equipment
PDPI	= Perhimpunan Dokter Paru Indonesia
ICN	= <i>International Council of Nurse</i>
PPNI	= Persatuan Perawat Nasional Indonesia